

## About

My name is Jill Hallam-Miller, and I live with my husband and our three Australian Shepherds in Duncannon. I'm passionate about dogs and dog behavior!

I'm an Accredited Dog Trainer through the International Association of Animal Behavior Consultants. Read more about me, my qualifications, and my offerings at [www.YourBestBehaviorPA.com](http://www.YourBestBehaviorPA.com).



**Prepare your dog  
to be trail-ready!**



## Services

- ✓ Group classes
- ✓ Private in-home training
- ✓ Private online training

## Contact Us:

717-503-5016

[Jill@YourBestBehaviorPA.com](mailto:Jill@YourBestBehaviorPA.com)

## Location

Duncannon, PA

**YOUR BEST  
BEHAVIOR.**  
*Training you to train them*

## HIKING SAFELY WITH DOGS



## Preparation and Etiquette

[www.YourBestBehaviorPA.com](http://www.YourBestBehaviorPA.com)

# DO YOU HAVE A PLAN FOR HIKING WITH YOUR DOG?

## SKILLS

### Sit and Down Stays

Helpful when passing other hikers and dogs. Also helpful when you need to go off-trail to relieve yourself!

### Focus on You

Especially important in the presence of wildlife your dog might be tempted to chase or interact with.

### Get Behind

When you spot a snake or other danger up ahead, you want your dog to walk or stay behind you until the danger passes.

### Recall

If you intend to let your dog run off-leash, make sure the recall skill is SOLID. Keep in mind that a "friendly" dog that encroaches on others' space is an ill-mannered dog.

### Carry a Pack

This skill needs to be conditioned.



## CONSIDER

There is a LOT to consider when you take your dog hiking with you! Here are a few things to think about:

- Dogs allowed or not
- Your dog's recall (to leash or not to leash?)
- Tick preventive (100% essential in PA)
- Heartworm preventive
- Leptospirosis vaccine
- Temperature and humidity
- Your dog's age, health, and conditioning

## TAKE ALONG

Following are some of the essentials you should have with you when hiking with your dog(s).

- Poop bags
- Water and bowl
- Treats/dog food
- Rabies certificate/tag
- Collar with ID tag
- Brush and/or comb
- Orange vest/bandana during hunting seasons
- First aid kit w/Benadryl, tweezers, scissors, and sterile bandages
- Flash light
- Pepper/bear spray

## MORE INFO

Here's a post I wrote in 2020 that provides more detailed info about everything in this brochure, and that points to additional resources:

<https://365milechallenge.org/2020/07/20/tips-for-hiking-safely-with-your-dogs/>